

SAIL & BIKE

Rügen and Usedom · Germany

Route

from Stralsund / to Stralsund

Duration

8 days / 7 nights

Distance

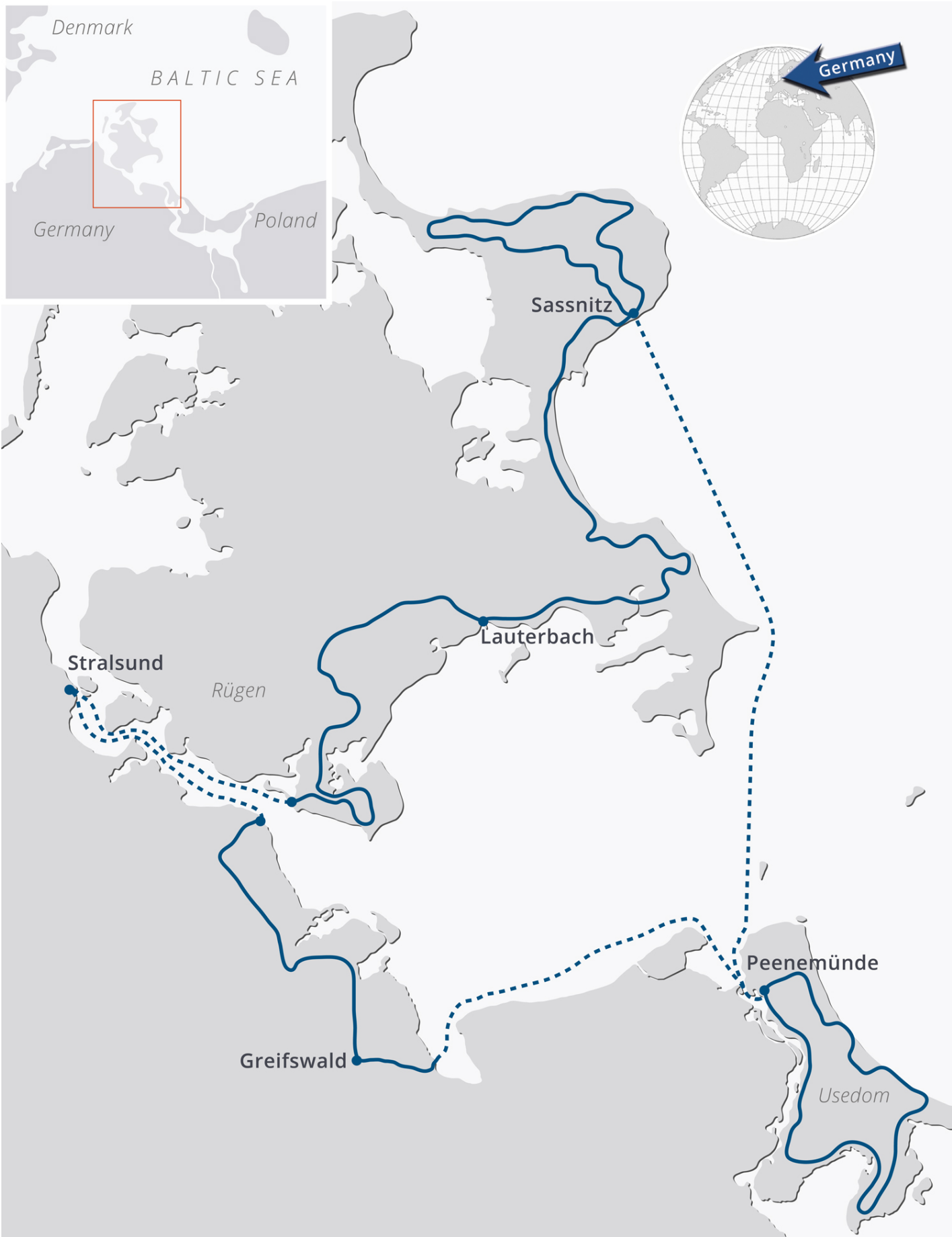
approx. 222 km

Level 1 - 2

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Seaside resorts, Hanseatic cities, Bodden landscape, and chalk cliffs

Explore the two largest islands in Germany, Rügen and Usedom, as well as the Mecklenburg coast between Peenemünde und Stralsund by land and sea with an experienced bike guide and on board the impressive sailing ship, the Atlantis. On this tour, we cycle through varied landscapes in one of Germany's sunniest regions and discover the famous Rügen chalk cliffs, dense forests, typical Bodden landscapes with fine sandy beaches, and the quiet countryside, where cattle and sheep graze peacefully in green pastures. Glamorous seaside resort towns such as Binz and Karlshagen and the Hanseatic cities of Stralsund and Greifswald are well worth a visit. On board the Atlantis we are accompanied by a friendly and attentive crew and during the ship's passages we have the opportunity to help hoist the sails and enjoy the sea voyage under full sail.



Itinerary

1st Day Stralsund (Embarkation)

The Atlantis crew awaits us onboard in Stralsund in the evening, with check in at 7 pm. Once settled in the cabins, we have the opportunity to get to know the crew and fellow travellers during dinner. Should you arrive earlier, take the time to enjoy a stroll through the old Hanseatic city of Stralsund with its almost completely preserved medieval townscape. A visit to the maritime museum or the aquarium, Ozeaneum, located directly at the harbour, is also well worthwhile.

2nd Day Stralsund – Glewitz ferry – Lauterbach (approx. 25 mi./40 km by bike)

This morning it is time to “cast off and hoist the sails!” Onboard the Atlantis we sail through the narrow Strelasund (Strela Sound) to the Glewitz ferry pier, where we start our first cycling tour on the island of Rügen. We start with a small detour across the Zudar Peninsula before crossing Garz, the oldest town on Rügen. Towards the end of the day's tour, we reach Putbus, a wonderful town well worth exploring with its classicist villas and star shaped grounds. Afterwards, we continue to Lauterbach, where the local fishermen's cutters, picturesquely situated in the harbour, create a colourful photo motif. Overnight stay in Lauterbach.

3rd Day Lauterbach – Sassnitz (approx. 32 mi./51 km by bike)

Today's bike tour offers a true variety of landscapes, from coastal bike paths to trails through deep forests, routes along secluded lakes to glamorous seaside resorts with white sand beaches: everything a cyclist's heart could desire! The first stop of the day is Sellin, enthroned on the cliffs and home to magnificent villas and a spectacular pier. We then cycle on through beautiful forests to the Baltic resort town of Binz, the queen of Rügen's seaside resorts. Here we have time to take a stroll along the beautiful beach promenade and watch the world go by with a coffee in one of the lovely cafes. From Binz we continue north across the so-called Schmale Heide, a sand bar connecting Granitz with Jasmund. We pass Prora, the longest building in Europe reaching 4.5 km in length, where a visit to the Documentation Centre to learn about the “Strength through Joy” resort is well worthwhile. Our final destination for the day is Sassnitz, which due to its ferry port is often referred to as the Gate to Scandinavia.

4th Day Sassnitz – Cycling tour to the chalk cliffs (approx. 29 mi./47 km by bike)

Today we have the most famous landmark on the island of Rügen to look forward to: the coast with its steep, white chalk cliffs. After breakfast, we head out and cycle through the Jasmund National Park to the visitor centre, where the famous Königsstuhl is also located. Here we have enough time to explore the cliffs before continuing on by bike to the north of Jasmund. A great place for a delicious roll with freshly smoked fish is the fish smoke house in the small fishing village of Lohme. After a swim stop in Glowe, we return to Sassnitz for the night.

5th Day Sailing day from Sassnitz to Peenemünde

“Free as the wind!” is the motto of the day. Let the sea breeze play with your hair on today's long cruise. We begin sailing northwards so that we can admire the famous chalk cliffs from the sea. The Atlantis then sails along the east coast of Rügen to Peenemünde on Usedom, the second largest island in Germany. The old fishing village of Peenemünde looks back on an eventful history and is known for its pioneering achievements in space history.

6th Day Cycling tour around Peenemünde – Wieck (approx. 34 mi./55 km by bike)

Today's bike tour leads through the north of Usedom Island, which made a name for itself as the "Dallas" of the GDR, due to the oil that was extracted here. Along the way we may spot a horsehead pump or two, an image rather unusual in Germany. The tour leads first along the Peene River to the Wolgast ferry and on to the idyllic village of Krummin with its early medieval brick church of St. Michael. Here we enjoy a refreshing coffee break. Towards the end of the tour, a short detour takes us across the Gnitz Peninsula before passing the two resort towns of Zinnowitz and Karlshagen. In the late afternoon, we sail with the Atlantis to Wieck near the old Hanseatic city of Greifswald.

7th DayWieck – Stahlbrode ferry terminal – Stralsund (approx. 18 mi./29 km by bike)

Today we start our day with a detour to the ruins of Eldena Monastery, which was one of Caspar David Friedrich's most popular motifs, the famous Greifswald painter. After our short visit we cycle on along the towpath by the Ryck River to the old Hanseatic city of Greifswald, where we have time to enjoy a stroll through the old town. We then bike on through the countryside until we reach the Stahlbrode ferry dock and board the Atlantis for our last sail back to Stralsund. In the evening, we have the opportunity to say goodbye to the guides, crew, and fellow travellers during the captain's dinner and reminisce over the wonderful week of adventure.

8th DayStralsund (Disembarkation)

After a rich breakfast it's time to pack our bags and say a final goodbye. Check out until 9 am. With a suitcase full of memories, it's time to head home.



Atlantis · Tall Ships

Port of Embarkation

from Porto St. Stefano / from Kiel

Size

57 m x 7.45 m

Capacity

16 cabins, 32 beds

Special Features

Year of construction

1905 – last reconstruction: 2005

Cabin features

A/C, central heating, bathroom, shower, washbasin and WC

Beds

2 ground level twin beds per cabin

Service

mid-week towel change and basic tidy

Extras

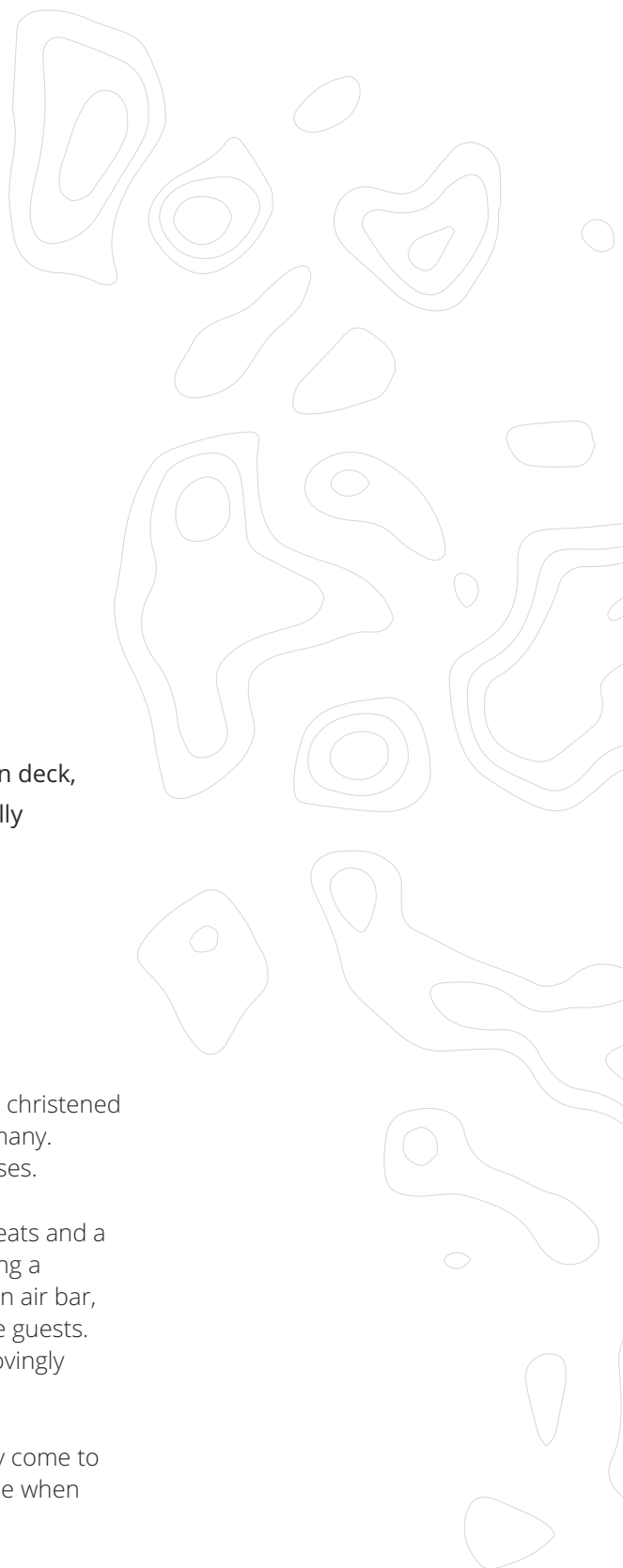
3 masts with sails (750 m² sail surface), quiet generator, sun recliners on deck, large tables and benches on deck, spacious and comfortable saloon, fully functional sailing boat

Atlantis

The Atlantis is a guaranteed eye catcher in every harbor. Built in 1905 and christened Elbe 2, the Atlantis served faithfully as a light vessel in the North Sea, Germany. Afterwards she was elaborately restored as a tallship for passenger cruises.

The renovation featured a classy salon, a spacious upper deck including seats and a cocktail bar as well as 16 comfortable air conditioned guest cabins including a shower and WC. A true highlight and centerpiece of the Atlantis is the open air bar, where the dedicated crew conjure creative beverages and cocktails for the guests. Mealtimes are typically served on deck, as there is nothing better than a lovingly prepared dinner outdoors on a Tallship at sunset.

The unique charm and atmosphere on board this incredible tall ship really come to life through the lively character of the crew. Their smiles are especially wide when eager guests show interest in taking part in the setting of sails.



Dates, Prices & Services

Included services

- 8-day trip on a tall ship with crew
- 7 overnight stays in a standard twin cabin with shower/toilet
- 7 x full board
- Guided or individual cycling tours as described in itinerary
- Overview maps for the daily tours (on board)
- Bed linen and towel (incl. change of towel once a week)
- English and German speaking tour guide

Not included in the basic tour price

- Journey to/from Stralsund
- Entrances to sights, museums, and churches
- Beverages on board (tally sheet, to be paid to the captain) and ashore
- Tips for tour guides and crew

Additional Optional Services

Shared twin cabin	Prices on request
Single cabin	Surcharge: 595 euro
Rental bike with Ortlieb pannier	Hybrid bicycle: 120 euro/week E-bike: 220 euro/week (limited)
Insurance against theft and damage of the rental bike (not insured: grossly negligent damages)	Rental hybrid bike: 10 euro/week Rental e-Bike: 20 euro/week

Dates

Date	Accommodation	Start City	End City	Base Price
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Arrival

Port of Embarkation Stralsund

Our Rügen and Usedom tours begin in Stralsund. The Atlantis will most likely be moored on the pier on harbour island, where the Ozeaneum is located.

Arrival by car

Address for navigation system: Hafenstraße, Stralsund

There is long-term parking at the "Parkplatz auf der Hafeninsel" (Parking lot on harbour island). The first 48 hours cost 26 euro with each additional day costing 6 euro. Maximum height: 2.20 m

Arrival by train

Stralsund's main train station is excellently connected to the rest of the German rail network and is only a few minutes' walk from the historic old town and the harbour. There is also a city bus connection from the main station to the harbour.

Arrival by bus

Flixbus does not yet provide connections to Stralsund. If you would still like to travel by long-distance bus, we recommend taking Flixbus to Greifswald and then taking the Deutsche Bahn regional express to Stralsund.

Arrival by plane

Rostock-Laage Airport (RLG) is the closest airport to Stralsund. Should you arrive by plane, we recommend taking a Deutsche Bahn train from Rostock Airport to Stralsund (approx. 1.5 hours).

Please check with our office before booking a flight to ensure that your trip has been confirmed.